



Southeast Women's Herbal Conference

17 Benchmark Road • Black Mountain, NC 28711

877.739.6636 (877.SEWOMEN)

www.sewisewomen.com

Work Exchange Programs for SE♀HC 2010

Thank you for your interest in the SE♀HC work exchange program! This is a vital and fun part of the conference and an essential part of our vision. Work exchange helps us bring this event to life and allows us to provide financial assistance to those you need it.

General Information

Potential Work Exchangers may apply for either of the following Work Exchange Programs:

- ☛ **Partial Work Exchange:** receive ½ off the registration cost of \$240 in exchange for **8 hours** of work. Requires a \$120 deposit check in addition to \$120 payment for ½ of your registration. Partial Work Exchangers must arrive at the camp by the evening of Thursday (9/30)
- ☛ **Full Work Exchange:** receive weekend registration in exchange for **16 hours** of work. Requires a \$240 deposit check. For a Full Work Exchange, hours begin the morning of Thursday (9/30)

All Work Exchangers are required to attend Thursday Orientation Meeting on 9/30 at 6:00pm.

- ☆ Potential tasks include: set up/break down, registration, parking, childcare, kitchen and cleaning crews.
- ☆ Work Exchangers can expect to attend at least ½ of all conference classes and activities.
- ☆ You are responsible for funding your own meals, intensives, and lodging if you choose these options.
- ☆ You will receive your shift schedule and other conference info the week before the conference.
- ☆ We do not allow mothers to work their shifts with their children regardless of their age. You must have arrangements for childcare during your shifts.
- ☆ We require a deposit of \$120 for partial program or \$240 for full program. This must be in the form of a separate check with your name on it (or you can supply a credit card number). If you do not show up for your shifts or turn in your time card at the end of the weekend, we will deposit your check or charge your card. Otherwise, we will tear up your check/cc receipt upon receiving your completed time card.

Application

*To apply for Work Exchange, please send us items listed below no later than **August 1st**.*

We are expecting spaces to fill quickly this year, so be sure to apply early.

If all items are not enclosed we will not be able to process your application.

Mail these 3 items to the address above:

- 1. Completed Work Exchange Application**
- 2. Completed WEX Registration Form and full payment by check or credit card.**
- 3. Separate Check or CC for either \$120 or \$240 deposit.**

We'll send you an email confirmation to let you know if you have been accepted. If we do not accept your application, your registration fees and deposit will be returned and you will be offered our Early Bird discount. Please keep this information for your records.

If you have been accepted into the program and need to cancel, your deposit and registration fees are 50% refundable if you notify us by August 25th. If you cancel after August 25, you will receive no refund, however, please let us know so we can fill your shifts.

Thanks again! Renee Conover

site@sewisewomen.com

(direct) 828.669.7483

Work Exchange Application

Name: _____ Today's Date: _____

Address: _____ Age: _____

Phone _____ Email: _____

The best way to contact me: ___ phone ___ email

Applying for: ___ full work exchange ___ partial work exchange

(Be sure to include payment for registration plus an additional check or cc for deposit)

1. Most of our work exchange opportunities require physical labor. We have a limited number of partial exchanges that are less physical. Do you have any physical challenges that might affect your work exchange position? Describe.
2. Are you open to your conference experience being as much about service as it is about attending classes and activities?
3. Related Experience (conference help, kitchen, first aid, childcare, etc):
4. Check all that applies to you:
 - Arrive 10:00 am Thursday (9/30), for set up (*full exchange only*)
 - Arrive 6:00 pm Thursday (9/30), for orientation, hours start Fri am (10/1) (*partial only*)
 - I am open to working other days prior to the conference. Please explain:
5. Check the time you would prefer to depart:
 - Sunday afternoon 10/3 at completion of conference (2:30pm)
 - Sunday evening 10/3 after conference clean-up shift (7:00pm)
6. Do you have a larger sized vehicle (station wagon, van, truck) you could use for luggage or parking shuttle in exchange for some of your hours?
7. If you are bringing children, where will they be during your shifts?
8. Anything you want to tell us about yourself? Why you would be a great addition to our team?
9. If we are unable to accept you into the work exchange program of your choice, is the other program an option for you? Would you choose to come as a paying participant?



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Work Exchange Registration

- Partial Work Exchange (\$120 registration fee, and deposit check for \$120)
- Full Work Exchange (\$0 registration fee, and deposit check for \$240)

Youth Registration *choose lodging and meals below*

- Child (2-10 years) \$80: Name _____ Age _____
- Young Woman (girls 11-17) \$80: Name _____ Age _____ **Registration \$ _____**

Weekend Lodging

- Camping (\$15) # of campers ___ x \$15 =
- Bed in a shared cabin (\$25) # of beds _____ x \$25 =
- Bed in bunkhouse (\$60) # of beds _____ x \$60 =
- Bed in lodge (\$70) # of beds _____ x \$70 =
- Full Cabin Rental (\$200) Party Name _____ # of cabins ___ x \$200
- Commuter (\$0)
- Staying in a Full Cabin Rental Party Name _____

Lodging \$ _____

Meals

- Weekend meal ticket (\$58)
- Child meals (ages 2-10) (\$28)

Intensives

- The Best of Rosemary – Greatest Hits from 35 years of Herbal Wisdom* with Rosemary Gladstar
- Mountain Momma's Apothecary – Do-It-Yourself, Down Home Concoction* with Teresa Boardwine
- The Endocrine System ~ Exploring the Mind/Body Mystery* with Kathleen Maier
- Women Rise Up Ceremony* with Alisa Starkweather
- Women's Anatomy of Arousal – Secret Maps to Buried Pleasure* with Sheri Winston

intensives _____ x \$35 =

Intensives \$ _____

Continuing Education Fee for Nurses

- Nurse CE Fees (\$75)

CE Fees \$ _____

My total amount due:

TOTAL \$ _____

