

 Intensives	Weeds & Walks	Herbal How-to	Herbal Medicine	From the Kitchen	Health & Healing	Advanced	Tending Our Spirits	Embodiment	
FRI 10-1:00	Intensive with Dr. Jody Noe Cherokee Household Medicine		Intensive with Laurel Mamet Energy Healing—A Somatic Approach to Health						
FRI 2:30-4:00	Intensive with Patricia Kyritsi Howell Beyond Chamomile* <i>Holistic Protocols for the Nervous System</i>	Suki Roth Herb Walk Menopause: The Change Walk	Katie Keyes The Aromatic Boudoir	Ceara Foley Magical Herbalism	June Ellen Bradley Herbal Soups	Dr. Ada-Belinda DancingLion Wise Woman Tradition*	Phyllis D. Light Herb & Drug Interactions*	Byron Ballard Shields Up! Protection in a Complex World	Anyaa McAndrew Shadow Work Finding Feminine Gold
FRI 4:30-6:00		Corinna Wood Herb Walk Edible Wild Plants	Teresa Boardwine Easy Extracts	Juliet Blankespoor Immune System Herbs	Dr. Susan DeLaney Nourishing Traditions	Jessica Godino In Our Bones* Understanding the Water Element	Mimi Hernandez Case Review* on the Respiratory System	Brooke Medicine Eagle Creating Ceremony	Anya Syrkin Making Peace with Your Body
SAT 9:00-10:30	Intensive with Phyllis D. Light Earth, Air, Fire, Water* <i>A Folk Medicine System of the Southeast</i>	Juliet Blankespoor Herb Walk Fall Wild Foods	Chonteau McElvin Elderberry Syrup & More	Jessica Godino The Art of Wildcrafting	Charli Vogt Fermentation	Thea Summer Deer Pregnancy & Birth* for a New Earth	Marguerite Bower Deep Wound Care*	Brooke Sullivan Vital Essence & Blissful Power	Dr. Ada-Belinda DancingLion Living Takes Life Our Predatory Nature
SAT 11:00-12:30		Corinna Wood Herb Walk Wild Plant Walk	Arlene Bailey Homemade Candles	Anya Syrkin Everyday First Aid	Dr. Ada-Belinda DancingLion Sprouts	Sharon Bigger Conscious Dying*	Dr. Jody Noe Stress & The Endocrine*	Kim Duckett The Wheel of the Year	Justina Prenatt Unconditional Self-Love
SAT 3:00-4:30	Intensive with Suki Roth Journey to the Elders* <i>Building Intimacy with your Plant Allies</i>	Ceara Foley Herb Walk	Katie Keyes Partner Massage	Anne Littlebird GUYnecology Healthy Men & Boys	Emily Ruff Herbal Pestos	Byron Ballard Granny Healers*	Patricia Kyritsi Howell The Liver & Detoxification*	Baraka Elihu Holding Sacred Space for Women	Laurel Mamet Moving Through Emotions
SAT 5:00-6:30		June Ellen Bradley Herb Walk Medicine from Trees	Victoria Taylor Moxa Magical Mugwort	Jessica Godino 3 Common Herbs Hawthorn, Echinacea, & Peppermint	Bonnie Kavanagh Chocolate	Mimi Hernandez Bridging Science & Tradition*	Juliet Blankespoor Reproductive System Herbs*	Hillary Banachowski The Magic of the Mandala	Kristen Arant The Power of the Drum
SUN 9:00-10:30	Intensive with Brooke Medicine Eagle Prophecy & Promise* <i>Ancient Understandings of a Radiant Future</i>	Phyllis D. Light Herb Walk Appalachian Plant Walk	Chonteau McElvin Tea Blending	Ceara Foley Herbs for Farm & Family	Teresa Boardwine Seaweeds	Emily Ruff Moon Rhythms*	Dr. Susan DeLaney Essential Fatty Acids*	Ramona Moore Big Eagle Finding Your Story	Anyaa McAndrew The Healthy Masculine Within & Without
SUN 11:00-12:30		Anya Syrkin Herb Walk Walking, Talking, & Tasting	June Ellen Bradley Herbal-Infused Wines	Suki Roth Three Adaptogens	Thea Summer Deer Burdock Root	Patricia Kyritsi Howell Starting an Herbal Practice*	Dr. Jody Noe Treating EEN&T Issues*	Laurel Mamet Developing Intuition	Rebecca Chaplin Sexual Medicine
SUN 3-6:00	Intensive with Mimi Hernandez Parade through the Berry Queendom*		*As we did in 2010, the SEWHC plans to offer continuing nurse education activity hours.			There are 9 classes in each time slot. No signups necessary (except intensives). See the website for Course Descriptions.			